



DEPARTMENT OF THE ARMY

Presidio of Monterey Health Clinic
Army Substance Abuse Program
473 Cabrillo Street, Suite A1A
Monterey, CA 93944-5006

**FROM: Clifford Breslow, MA, MSW, LCSW
ASAP Clinical Director**

10 October 2006

TO: All Commanding Officers

SUBJECT: *Expectations of Commanding Officers & Referred Service Members*

1. Welcome to the POMHC Army Substance Abuse Program (ASAP):

- a. Under the Army proponent regulation, AR 600-85, the Presidio of Monterey's ASAP will give the active duty member every opportunity for treatment. Only Commanders, First Sergeants, or other delegated NCOs can facilitate the enrollment of a service member (including self-referrals) with a completed DA 8003 Form. Upon enrollment, the Command or the delegated Unit Supervisor is encouraged to attend the rehabilitation team meetings to discuss the plan of action for the referred service member.
- b. Our goal: **"To increase individual fitness and overall unit readiness, by restoring to duty those substance-impaired active duty members who have the potential to continue military service". (Paragraph 1-30: a, d)**
- c. The ASAP counselor will inform the active duty member of the particular treatment program to which he/she is enrolled and how one may proceed to successful completion. **(Paragraph 4-6)**
- d. Based on the individual's treatment needs, the patient will have treatment sessions (individual & group) and homework assignments in order to gain the understanding of their admitting diagnosis. **(Paragraph 4-8)**
- e. Those enrolled in ASAP according to regulations will participate in a monthly mandatory Rehabilitation Testing (UA). The testing is the responsibility of the Command and falls under the direction of the Unit Prevention Leader (UPL). **(Paragraph 8-3: d)**
- f. We will contact the Command Unit with concerns about the service member's treatment progress and/or to arrange a face-to-face rehabilitation meeting at least every ninety days. I recommend that you let us know who your unit's POC is for the ASAP program.

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2. Expectations of Referred Service Member:

- a. Upon reporting for treatment, the patient must be mentally and physically alert for counseling sessions and/or group meetings.
- b. Attend all ASAP scheduled appointments.
- c. The active duty member must remain abstinent from alcohol use, drug use, or any other illegal substances, that initiated the referral to ASAP.
- d. Be prepared to complete the Treatment Plan as agreed. (Paragraph 1-31c-e)
- e. Complete all homework assignments. (Paragraph: 1-31: e)
- f. We only excuse cancelled appointments by the Commander and/or the First Sergeant. (Paragraph 9: "Rehabilitation success is enhanced by the soldier's uninterrupted participation in the treatment plan. Consistent with mission requirements, unit commanders will ensure that the soldier's treatment plan is followed. Treatment appointments take precedence over routine duty day requirements")
- g. When enrolled with a diagnosis of Alcohol Dependency, the patient will be required to attend Intensive Outpatient or Partial Hospitalization at Point Loma RTF in San Diego. Upon returning from treatment, the service members must attend routine Alcohol Anonymous or Narcotics Anonymous meetings, weekly Aftercare group meetings, and individual sessions.

3. Expectations of Command Officers:

- a. Support from the Command is crucial to get our active duty service members back to work and mission ready. (Paragraph 4-9)
- b. The Command unit must notify ASAP (by e-mail or telephone) if their service members are unable to attend their appointments. In order to excuse the service member's cancelled appointment, the notification must come from the Command.
- c. The Command can contact the Clinical Director at any time to inquire about their service member's progress during treatment. Due to Confidentiality Laws, the service member's prognosis, and compliance to treatment is the only information that may be disclosed. (Paragraph 6-7: c)
- d. Once enrolled, the service members are required to complete homework assignments as given. If there is no compliance with treatment, which includes completing each assignment on time, Command will be notified. Any noncompliance during treatment is unacceptable and will be addressed immediately with their Commander. (Paragraph 1-31: c, e)

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4. Treatment is an opportunity to become a better active duty service member. We stand ready to ensure that all the tools are present to provide the best possible opportunity for compassionate care.
5. To schedule ASAP appointments please contact Sheryl Thompson, ASAP Clinical Administrative Assistant by phone at (831) 242-7436 or by e-mail at Sheryl.Thompson@monterey.army.mil.
6. If you have any questions, you can reach me by phone (831) 242-6963 or by email at Clifford.Breslow@amedd.army.mil.

**Clifford Breslow, MA, MSW, LCSW
Clinical Director/ASAP**